



Good Morning (ALL DAY)

STARTERS

Hot Oatmeal - 3.29

Breakfast Parfait - 5.99

Greek Yogurt
With honey and walnuts - 5.99

Pancakes

All orders include three light, fluffy pancakes topped with whipped butter and powdered sugar. Short Stack - 75¢ less

Banana Pancakes - 7.49

Banana Nut Pancakes - 8.49

Fresh Blueberry Pancakes - 7.99

Strawberry Pancakes - 7.99

Buttermilk Pancakes - 6.50

Chocolate Chip Pancakes - 7.99

Almond Raspberry Pancakes - 9.29

Nutella & Walnut - 8.99

Iron Town Waffles

All waffles come topped with whipped butter and powdered sugar.



Iron Town Waffle

Belgian waffle topped with strawberries, blueberries and bananas with whipped butter and powdered sugar - 9.49

Belgian Waffle

Belgian waffle topped with whipped butter and powdered sugar - 6.49

Blueberry or Strawberry Belgian Waffle

Belgian waffle topped with blueberries or strawberries with whipped butter and powdered sugar - 7.99



Nutella Waffle

Belgian waffle drizzled with Nutella and finished with powdered sugar - 7.99

French Toast

All orders come with three slices of Texas-style French toast (unless listed). Topped with whipped butter and powdered sugar. Short Stack - 75¢ Less

Berry Stuffed French Toast

Two pieces of French toast stuffed with ricotta cheese, strawberries and blueberries - 9.99

Texas Style French Toast - 7.29

French Toast with Blueberries or Strawberries - 8.49

Portuguese Sweet Bread

Two thick slices of Portuguese Sweet Bread French Toast - 7.99



Nutella & Banana French Toast - 8.99

Almond Raspberry French Toast - 8.99

Toast selection for all breakfast meals includes White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain and Raisin Bread.

FROM THE COOP

All orders are served with home fries and toast. Toast not included with Iron Town Combo. Substitute Baked Beans for homefries at no additional charge.

Cheeses available: American, Swiss, Cheddar, Monterey Jack, Feta and Provolone **Each Additional Egg - 1.29**

Egg Whites or Egg Beaters - 1.79 **Substitute a Bagel or a Jumbo English Muffin for Toast - 89¢**

Triple Scrambled

Three scrambled eggs with cheddar cheese and bacon, ham or sausage - 8.95

Two Eggs Over Corned Beef Hash or Sweet Potato Hash - 9.95

Two Eggs with Meat

Two eggs any style with your choice of bacon, ham or sausage - 7.49

One Egg with Meat

One egg any style with choice of bacon, ham or sausage - 5.99

Sirloin Steak & Eggs

New York sirloin steak served with two eggs any style, home fries and toast - 10.99

Iron Town Combo

Two eggs any style with choice of two slices of French toast or two pancakes, and your choice of bacon, ham or sausage and home fries - 10.95

Two Scrambled Eggs with Tomatoes & Spinach - 8.99



Meaty Scramble

Bacon, ham and sausage scrambled in three eggs and topped with American cheese - 9.95

BREAKFAST SANDWICHES

All sandwiches are made with two eggs, served with homefries and on your choice of assorted breads and cheeses.

Western Sandwich

Two eggs, ham, peppers, onions and cheddar cheese - 6.99

Egg & Cheese Sandwich - 4.99

Egg, Cheese & Meat Sandwich - 6.25

Warning: In compliance with the department of public health, we advise that eating raw or undercooked meat, poultry or seafood poses a risk to your health. Before placing your order, please inform your server if a person in your party has a food allergy. **Split Plate Charge - 3.99**

EGGS BENEDICT

All eggs benedict come with two poached eggs on a jumbo English muffin and are served with home fries and topped with hollandaise sauce.

Traditional

With Canadian bacon - 9.95

Corned Beef Hash - 10.95

Sweet Potato Hash - 10.95

Salmon

With smoked Nova Scotia lox and a sprinkle of red onion - 11.49

Classic

With three slices of bacon - 9.95

Blacksmith

With grilled sliced tomatoes and bacon - 10.49

Philly

With shaved steak and American cheese - 10.95

Sausage

Two poached eggs on an English muffin with sausage - 9.95



Sushi Roll

With smoked salmon, avocado, cream cheese and a sprinkle of red onion - 12.49

Florentine

With spinach and tomato - 10.49

Prosciutto

With prosciutto, tomato and basil - 10.95

OMELETTES

All omelettes are made with three eggs and served with home fries and your choice of toast.

Each Additional Egg - 1.29 **Egg Whites or Egg Beaters** - 1.79 **Substitute Bagel or English Muffin** - 89¢

Substitute Baked Beans for Home Fries - no additional charge

Plain Omelette - 6.99

Cheese Omelette - 7.49

Homemade Corned Beef Hash & Swiss Omelette - 10.49

Sweet Potato Hash Omelette

With Swiss cheese - 10.49

Greek Omelette

Greek sausage, tomatoes and feta - 9.95

Town of Saugus Omelette

Sausage, mushrooms, tomato, ham and Swiss - 10.49

Western

Ham, peppers, onions and cheddar cheese - 9.95

Baked Potato Omelette

Bacon bits, potato and cheddar cheese topped with sour cream and scallions - 10.49

Philly Omelette

Shaved steak and American cheese - 10.95

Chicago Omelette

Tomatoes, mushrooms and spinach wrapped in bacon with jack cheese - 10.95

Toast selection for all breakfast meals includes White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain and Raisin Bread.

California Omelette

Bacon, tomatoes, avocado and cheddar - 10.95

Nacho Omelette

Bacon bits, black beans, salsa and jack cheese topped with sour cream and scallions - 10.95

Bacon, Ham or Sausage with American Cheese - 8.95

Italian

Prosciutto, tomato, mozzarella and basil - 10.49

Spinach & Feta - 9.29

Mexican

Green peppers, onions, salsa and cheddar cheese - 10.95

Blacksmith Omelette

Potatoes, onions, peppers and American cheese - 10.49



Iron Man Meat Lover's

Sausage, bacon, ham and cheddar cheese - 10.95

Sunrise

Sun dried tomatoes, spinach and feta - 8.95

Boston Omelette

Sausage, peppers, onions and American cheese - 9.95

Vegetarian Omelette

Broccoli, tomatoes and mushrooms - 9.49



Create Your Own Omelette Starting at 6.99

Ingredients: Onions, Tomatoes, Green Peppers, Mushrooms, Broccoli, Spinach, Salsa, Sun Dried Tomatoes, Jalapeños, Roasted Red Peppers, Bacon, Sausage, Ham, Canadian Bacon, Greek Sausage, Kielbasa - 95¢ each

Cheeses: American, Swiss, Cheddar, Monterey Jack, Feta and Provolone - 75¢ each Sweet Potato or Corned Beef Hash - 2.50

SIDES

Toast

White, Wheat, Light Rye, Dark Rye, Sourdough, Raisin Bread or Multi-Grain - 1.29

Jumbo English Muffin or Bagel - 1.89

Kielbasa or Loukaniko - 3.75

Plain or Sesame Bagel

With cream cheese or peanut butter - 2.50

Cold Cereal with Milk - 2.99

Hot Oatmeal - 3.29

Home Fries - 2.50



Nacho Home Fries Large side of home fries, bacon, cheddar cheese, sour cream and scallions - 6.25



Gravy French Fries Large side of steak fries topped with turkey gravy and mozzarella cheese - 6.49

Homemade Corned Beef Hash or Sweet Potato Corned Beef Hash - 4.99

Bacon, Ham, Sausage or Canadian Bacon - 3.49

Baked Beans - 2.99

Seasonal Fruit Bowl - 5.99

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SIGNATURE SALADS

All large salads served with pita bread. Salad Dressings: Homemade Lite Greek (40 year old family recipe), Creamy Italian, Russian, Bleu Cheese, Vinaigrette, Caesar.

Large Salads:

Garden - 6.99 • **Greek or Caesar** - 7.99

BBQ Steak Tip Salad

Over Greek - 11.49

Chicken Caesar Salad

Over Garden - 10.95

Roasted Turkey Salad

Over Garden - 9.95

Chef Salad

Fresh turkey, Virginia ham, Swiss cheese and a boiled egg over fresh spring mix and iceberg lettuce - 9.50

Lamb Tip Salad

Over Greek - 12.95

Tuna Salad

Over Garden - 9.95

Chicken Salad

Over Garden - 9.95

Chicken Kabob Salad

Over Greek - 10.95

Gorgonzola Salad

Gorgonzola, walnuts and green apples - 9.95



Buffalo Chicken Caesar Salad

Boneless chicken fingers over a crispy Caesar salad with bacon bits - 10.95

WRAPS

White or wheat wrap with your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

Chicken Souvlaki

Tender pieces of marinated chicken served in grilled pita bread with red onions, cucumbers, tomatoes and traditional Greek tzatziki sauce - 9.99

Lamb Souvlaki

Tender pieces of marinated lamb served in grilled pita bread with red onions, cucumbers, tomatoes and traditional Greek tzatziki sauce - 10.99

Chicken Kabob

With fresh lettuce, tomato, onion, cucumbers and feta cheese tossed with our famous house dressing - 9.99

Buffalo Chicken Tenders

With lettuce, tomato and bleu cheese dressing - 9.99

BBQ Steak Tip Souvlaki

Steak tips served in grilled pita bread with red onion, cucumbers, tomatoes and traditional Greek tzatziki sauce - 10.49

Grilled Chicken Caesar - 9.99

BLT Wrap - 7.29

Tuna Wrap

With lettuce and tomato - 8.95

Turkey BLT

With bacon, lettuce, tomato and mayonnaise - 9.49

Chicken Salad Wrap

With lettuce and tomato - 8.95

IRON TOWN CLUBS

A triple decker on your choice of bread with lettuce, tomato, bacon and mayonnaise. Served with French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

Cheeseburger Club - 10.50

Grilled Chicken Breast Club - 10.50

Classic BLT Club - 9.99

Tuna Salad Club - 9.99

 **Fresh Turkey Club** - 10.50

Chicken Salad Club - 9.99

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LUNCH ENTRÉES

OUR
LUNCH ENTRÉES
ARE
HOME COOKED
WITH
NEW SPECIALS
ADDED DAILY

Lamb Tips

Served with vegetable and choice of mashed potatoes or French fries - 13.99

BBQ Steak Tips & Chicken Combo

Served with vegetable and choice of mashed potatoes or French fries - 13.99

Iron Town BBQ Steak Tips

Served with vegetable and choice of mashed potatoes or French fries - 12.99

Open Faced Roasted Turkey

Our famous turkey over white bread topped with gravy. Served with mashed potatoes and a vegetable - 11.99

Roasted Turkey with Stuffing Dinner

Our famous roasted turkey over savory stuffing with mashed potatoes and choice of vegetable. Topped with gravy - 12.49

BURGERS & CHICKEN SANDWICHES

All 8 oz. Angus Burgers and sandwiches served with lettuce, tomatoes, onions and your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

Gorgonzola & Bacon Burger

Gorgonzola cheese and bacon - 9.49



Iron Town Cheeseburger

Sautéed peppers, mushrooms, onions and cheddar cheese - 10.49

American Cheeseburger

Melted American cheese - 7.49

Blackened Chicken Sandwich

Grilled chicken breast with sautéed peppers and melted jack cheese - 9.49

Saugus Chicken Sandwich

With bacon and cheddar - 9.49

Grilled Chicken Sandwich - 8.49



Iron Town Chicken Deluxe Sandwich

Grilled chicken breast topped with sautéed peppers, mushrooms, onions and cheddar cheese - 9.99

Jalapeño Burger

Jalapeños, sautéed onions and jack cheese - 9.49

Iron Melt

Burger on a reversed grilled bun with ketchup, mayo, mushrooms, peppers, onions and Swiss cheese - 10.49

FROM THE DELI

All sandwiches served with your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle. Bread Selection: White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain, Deli Roll or Pita.

Hot Pastrami & Swiss - 8.99

Shirley Pastrami

Fresh pastrami with coleslaw, Thousand Island dressing and Swiss cheese and served on a grilled dark rye - 9.99

Tuna or Chicken Salad Sandwich

Our own deli salad served with lettuce and tomato - 8.99

Monte Cristo

Thin sliced ham, turkey and melted Swiss cheese on grilled egg battered French toast - 10.49

Classic BLT Sandwich - 7.49

Corned Beef & Swiss Cheese

Thinly sliced home cooked corned beef - 8.99

Turkey Bacon Avocado Panini

Roasted turkey, bacon, avocado, mayo and cheddar chese - 10.49

Pastrami Stacked Panini

Pastrami, Swiss cheese, coleslaw, Thousand Island dressing and French fries all in the sandwich! - 10.49

Turkey Cranberry Panini

Roasted turkey, spinach, cranberry, Swiss cheese and mayo - 10.49



Corned Beef or Turkey Reuben Sandwich

Fresh corned beef or turkey, sauerkraut, Swiss cheese and Thousand Island dressing served on a grilled dark rye - 9.99

Roasted Turkey Sandwich

Served with lettuce, tomato and mayonnaise - 8.99

Tuna Melt Sandwich

Albacore all white tuna with Swiss cheese - 8.99

Prices, items and offers subject to change without notice. Add state meal tax to all prices. Warning: In compliance with the department of public health, we advise that eating raw or undercooked meat, poultry or seafood poses a risk to your health. Before placing your order, please inform your server if a person in your party has a food allergy.

Split Plate Charge - 3.99



From our Family - to yours...

At Iron Town Diner, we want each customer to leave with a smile on their face. We strive to provide a friendly atmosphere, quality service and the best breakfast and lunch to top it all off!

BEVERAGES

Coffee

Regular or Decaffeinated - 1.99

Juice

Tropicana Orange juice, Ocean Spray Cranberry juice,
Grapefruit, Apple and Tomato juice - 2.49

Tea

Regular or Decaf - 1.99

Hot Chocolate - 1.99

Fresh Iced Tea - 2.49

Fresh Lemonade - 2.49

White or Chocolate Milk

Large - 1.99 Kids - 1.79

Soda - 2.49

Kid's Soda - 1.79

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