



# Good Morning (ALL DAY)

## STARTERS

**Hot Oatmeal** - 3.29

**Breakfast Parfait** - 5.99

**Greek Yogurt**  
With honey and walnuts - 5.99

### Pancakes

All orders include three light, fluffy pancakes topped with whipped butter and powdered sugar. Short Stack - 75¢ less

**Banana Pancakes** - 6.79

**Banana Nut Pancakes** - 7.79

**Fresh Blueberry Pancakes** - 6.99

**Strawberry Pancakes** - 6.79

**Buttermilk Pancakes** - 5.79

**Chocolate Chip Pancakes** - 6.79

**Almond Raspberry Pancakes** - 7.49

**Nutella & Walnut** - 7.99

### Iron Town Waffles

All waffles come topped with whipped butter and powdered sugar.



#### Iron Town Waffle

Belgian waffle topped with strawberries, blueberries and bananas with whipped butter and powdered sugar - 8.29

#### Belgian Waffle

Belgian waffle topped with whipped butter and powdered sugar - 5.99

#### Blueberry or Strawberry Belgian Waffle

Belgian waffle topped with blueberries or strawberries with whipped butter and powdered sugar - 7.29



#### Nutella Waffle

Belgian waffle drizzled with Nutella and finished with powdered sugar - 7.59

### French Toast

All orders come with three slices of Texas-style French toast (unless listed). Topped with whipped butter and powdered sugar. Short Stack - 75¢ Less

**Texas Style French Toast** - 6.49

**French Toast with Blueberries or Strawberries** - 7.49

#### Portuguese Sweet Bread

Two thick slices of Portuguese Sweet Bread French Toast - 6.99



**Nutella & Banana French Toast** - 7.79

**Almond Raspberry French Toast** - 7.79

## FROM THE COOP

Toast selection for all breakfast meals includes White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain and Raisin Bread.

All orders are served with home fries and toast. Substitute Baked Beans for homefries at no additional charge. Cheeses available: American, Swiss, Cheddar, Monterey Jack, Feta and Provolone **Each Additional Egg** - 1.29  
**Egg Whites or Egg Beaters** - 1.79 **Substitute a Bagel or a Jumbo English Muffin for Toast** - 89¢

### Triple Scrambled

Three scrambled eggs with cheddar cheese and bacon, ham or sausage - 8.29

**Steak & Eggs** - 10.99

**Two Eggs Over Corned Beef Hash** - 8.49

#### Iron Town Combo

Two eggs any style with choice of two slices of French toast or two pancakes, and your choice of bacon, ham or sausage and home fries - 9.79

### Two Eggs with Meat

Two eggs any style with your choice of bacon, ham or sausage - 6.99

**Two Scrambled Eggs with Tomatoes & Spinach** - 8.49

### One Egg with Meat

One egg any style with choice of bacon, ham or sausage - 5.70



#### Meaty Scramble

Bacon, ham and sausage scrambled in three eggs and topped with American cheese - 8.49

## BREAKFAST SANDWICHES

All sandwiches are made with two eggs, served on your choice of assorted breads and cheeses.

### Western Sandwich

Two eggs, ham, peppers, onions and cheddar cheese - 5.99

**Egg & Cheese Sandwich** - 3.99

**Egg, Cheese & Meat Sandwich** - 4.99

Warning: In compliance with the department of public health, we advise that eating raw or undercooked meat, poultry or seafood poses a risk to your health. Before placing your order, please inform your server if a person in your party has a food allergy. **Split Plate Charge** - 3.99

# EGGS BENEDICT

All eggs benedict come with two poached eggs on a jumbo English muffin and are served with home fries and topped with hollandaise sauce.

## Traditional

With Canadian bacon - 8.49

**Corned Beef Hash** - 8.99

## Salmon

With smoked Nova Scotia lox and a sprinkle of red onion - 8.79

**Classic** With three slices of bacon - 8.49



## Blacksmith

With grilled sliced tomatoes and bacon - 8.99

## Sausage

Two poached eggs on an English muffin with sausage - 8.49

## Florentine

With spinach and tomato - 8.99

## Prosciutto

With prosciutto, tomato and basil - 8.99

Toast selection for all breakfast meals includes White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain and Raisin Bread.

# OMELETTES

All omelettes are made with three eggs and served with home fries and your choice of toast.

**Each Additional Egg** - 1.29 **Egg Whites or Egg Beaters** - 1.79 **Substitute Bagel or English Muffin** - 89¢

Substitute Baked Beans for Home Fries - no additional charge

**Plain Omelette** - 5.99

**Cheese Omelette** - 6.49

**Homemade Corned Beef Hash & Swiss Omelette** - 8.99

## Greek Omelette

Greek sausage, tomatoes and feta - 8.49

## Western

Ham, peppers, onions and cheddar cheese - 8.29

**Spinach & Feta** - 7.99

## Saugus Omelette

Sausage, mushrooms, tomato, ham and Swiss - 8.99

## Philly Omelette

Shaved steak and American cheese - 8.99



## Create Your Own Omelette

Starting at 5.99

**Ingredients:** Onions, Tomatoes, Green Peppers, Mushrooms, Broccoli, Spinach, Salsa, Sun Dried Tomatoes, Jalapeños, Roasted Red Peppers, Bacon, Sausage, Ham, Corned Beef Hash, Canadian Bacon, Greek Sausage, Kielbasa - 95¢ each

**Cheeses:** American, Swiss, Cheddar, Monterey Jack, Feta and Provolone - 75¢ each

## Sunrise

Sun dried tomatoes, spinach and feta - 8.49

**Bacon, Ham or Sausage with American Cheese** - 7.49

## Italian

Prosciutto, tomato, mozzarella and basil - 8.49

## Mexican

Green peppers, onions, salsa and cheddar cheese - 8.49

## Blacksmith Omelette

Potatoes, onions, peppers and American cheese - 8.29



## Iron Man Meat Lover's

Sausage, bacon, ham and cheddar cheese - 8.49

**Broccoli & Cheddar** - 7.99

## Vegetarian Omelette

Broccoli, tomatoes and mushrooms - 8.49

# SIDES

## Toast

White, Wheat, Light Rye, Dark Rye, Sourdough, Raisin Bread or Multi-Grain - 1.29

**Jumbo English Muffin or Bagel** - 1.89

**Kielbasa or Loukaniko** - 3.29

## Plain or Sesame Bagel

With cream cheese or peanut butter - 2.50

**Cold Cereal with Milk** - 2.99

**Hot Oatmeal** - 3.29

**Home Fries** - 1.99

**Homemade Corned Beef Hash** - 3.99

**Bacon, Ham, Sausage or Canadian Bacon** - 2.99

**Baked Beans** - 2.59

**Seasonal Fruit Bowl** - 5.99

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# SIGNATURE SALADS

All salads served with pita bread. Salad Dressings: Homemade Lite Greek (40 year old family recipe), Creamy Italian, Russian, Bleu Cheese, Vinaigrette, Caesar.

## Large Salads:

**Garden** - 5.79 • **Greek or Caesar** - 6.99

**BBQ Steak Tip Salad** - 9.99

**Chicken Caesar Salad** - 8.99

**Roasted Turkey Salad** - 8.99

## Chef Salad

Fresh turkey, Virginia ham, Swiss cheese and a boiled egg over fresh spring mix and iceberg lettuce - 8.29

**Lamb Tip Salad** - 10.99

**Tuna Salad** - 8.99

**Chicken Salad Salad** - 8.99

**Chicken Kabob Salad** - 8.99

## Gorgonzola Salad

Gorgonzola, walnuts and green apples - 8.99



## Buffalo Chicken Caesar Salad

Boneless chicken fingers over a crispy Caesar salad with bacon bits - 8.99

# WRAPS

White or wheat wrap with your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

## Chicken Souvlaki

Tender pieces of marinated chicken served in grilled pita bread with red onions, cucumbers, tomatoes and traditional Greek tzatziki sauce - 8.99

## Lamb Souvlaki

Tender pieces of marinated lamb served in grilled pita bread with red onions, cucumbers, tomatoes and traditional Greek tzatziki sauce - 9.99

## Chicken Kabob

With fresh lettuce, tomato, onion, cucumbers and feta cheese tossed with our famous house dressing - 8.99

## Buffalo Chicken Tenders

With lettuce, tomato and bleu cheese dressing - 8.79

**Grilled Chicken Caesar** - 8.79

**BLT Wrap** - 6.29

## Tuna Wrap

With lettuce and tomato - 8.49

## Turkey BLT

With bacon, lettuce, tomato and mayonnaise - 8.79

## Chicken Salad Wrap

With lettuce and tomato - 8.49

# IRON TOWN CLUBS

A triple decker on your choice of bread with lettuce, tomato, bacon and mayonnaise. Served with French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

**Cheeseburger Club** - 8.99

**Classic BLT Club** - 7.99

 **Fresh Turkey Club** - 8.99

**Grilled Chicken Breast Club** - 8.99

**Tuna Salad Club** - 8.99

**Chicken Salad Club** - 8.99

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# LUNCH ENTRÉES

Our lunch entrées are home cooked with new specials added daily.

## Iron Town BBQ Steak Tips

Served with vegetable and choice of mashed potatoes or French fries - 12.99

## Open Faced Roasted Turkey

Our famous turkey over white bread topped with gravy. Served with mashed potatoes and a vegetable - 11.49

## Roasted Turkey with Stuffing Dinner

Our famous roasted turkey over savory stuffing with mashed potatoes and choice of vegetable. Topped with gravy - 11.99

# BURGERS & CHICKEN SANDWICHES

All sandwiches served with lettuce, tomatoes, onions and your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle.

## Gorgonzola & Bacon Burger

Gorgonzola cheese and bacon - 8.49



## Iron Town Cheeseburger

Sautéed peppers, mushrooms, onions and cheddar cheese - 8.49

## American Cheeseburger

Melted American cheese - 7.49

## Blackened Chicken Sandwich

Grilled chicken breast with sautéed peppers and melted jack cheese - 8.29

## Saugus Chicken Sandwich

With bacon and cheddar - 8.29

## Grilled Chicken Sandwich - 7.99



## Iron Town Chicken Deluxe Sandwich

Grilled chicken breast topped with sautéed peppers, mushrooms, onions and cheddar cheese - 8.49

## Jalapeño Burger

Jalapeños, sautéed onions and jack cheese - 8.29

## 19th Hole Patty

Burger topped with two eggs, lettuce, tomato and mayo - 8.79

## Iron Melt

Burger on a reversed grilled bun with ketchup, mayo, mushrooms, peppers, onions and Swiss cheese - 8.49

# FROM THE DELI

All sandwiches served with your choice of French fries, spicy fries, coleslaw, potato salad or side salad and a pickle. Bread Selection: White, Wheat, Light Rye, Dark Rye, Sourdough, Multi-Grain, Deli Roll or Pita.

## Hot Pastrami & Swiss - 8.29

## Shirley Pastrami

Fresh pastrami with coleslaw, Thousand Island dressing and Swiss cheese and served on a grilled dark rye - 8.99

## Tuna or Chicken Salad Sandwich

Our own deli salad served with lettuce and tomato - 8.49

## Tuna Melt Sandwich

Albacore all white tuna with Swiss cheese - 8.79

## Classic BLT Sandwich - 6.29

## Corned Beef & Swiss Cheese

Thinly sliced home cooked corned beef - 8.49



## Corned Beef or Turkey Reuben Sandwich

Fresh corned beef or turkey, sauerkraut, Swiss cheese and Thousand Island dressing served on a grilled dark rye - 8.99

## Monte Cristo

Thin sliced ham, turkey and melted Swiss cheese on grilled egg battered French toast - 8.29

## Roasted Turkey Sandwich

Served with lettuce, tomato and mayonnaise - 8.49

Prices, items and offers subject to change without notice. Add state meal tax to all prices. Warning: In compliance with the department of public health, we advise that eating raw or undercooked meat, poultry or seafood poses a risk to your health. Before placing your order, please inform your server if a person in your party has a food allergy.

**Split Plate Charge - 3.99**



*From our Family - to yours...*

At Iron Town Diner, we want each customer to leave with a smile on their face. We strive to provide a friendly atmosphere, quality service and the best breakfast and lunch to top it all off!

## BEVERAGES

### Coffee

Regular or Decaffeinated - 1.99

### Juice

Tropicana Orange juice, Ocean Spray Cranberry juice,  
Grapefruit, Apple and Tomato juice - 2.49

### Tea

Regular or Decaf - 1.99

**Hot Chocolate** - 1.99

**Fresh Iced Tea** - 2.49

**Fresh Lemonade** - 2.49

**White or Chocolate Milk**

Large - 1.99 Kids - 1.79

**Soda** - 2.49

**Kid's Soda** - 1.79

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